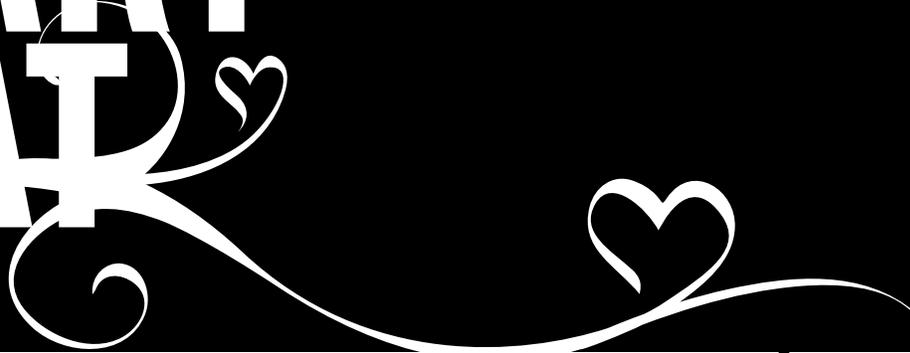


HEART BEAT



Because of YOU

the Central Alberta
Pregnancy Care Centre

Celebrates 25 years!
by Anne Waddell

Yes! 25 years. It's hard to believe. Just ask Lola French, the first Executive Director of the Central Alberta Pregnancy Centre and now, the Executive Director of the Canadian Association of Pregnancy Support Services: "25 years! Where did the time go? I remember making a one-year commitment to the first board of directors to pioneer the Red Deer PCC... What a privilege it is to see God's love save and heal the lives of so many people and to be a link in the chain of their stories. My heart is full of stories that empower me to keep putting one foot in front of the other as we continue to charter new waters and gain back territory that the enemy has taken."

How can we say thank you for your faithful support but to say "Thank You!" And...I know there are many children, mothers and fathers who would do the same if they knew who you were. Imagine the thousands of babies, mothers and families who have been given hope and life because you cared enough to invest your prayer, time and money. Jesus said: "Do not store up for yourselves treasures on earth, where moths and vermin destroy, and where thieves break in and steal. But store up for yourselves treasure in heaven, where moths and vermin do not destroy, and where thieves do not do not break in and steal." (Matthew 6:19-20) You have stored up a warehouse of treasure. Jesus knows.

Keep Reading for Your "Celebrate the Past and Embrace the Future!" Gala Invitation.

March 1988, 25 years ago, the Crisis Pregnancy Care Centre came into existence after long, hard years of work by a visionary steering committee.

These dedicated servants identified the need to support individuals impacted by a crisis pregnancy. They had HOPE! Hope that God would provide! Hope that God would restore lives through the ministry. We now celebrate! God did provide and He did restore thousands of lives!

He provided the leadership... Board and staff members. He provided dedicated, faithful volunteers. He provided facilities. Through your support, He provided for our financial needs. Most of all, He restored lives - lives of children; lives of women destroyed by the regret and guilt of a past abortion; lives of grieving birth mothers; and lives of broken families. You are invited. Mark your calendars. NOW!

*The Central Alberta
Pregnancy Care Center presents...*

"Celebrate the Past and Embrace the Future!"

*Gala Evening | Saturday, November 2, 2013
Crossroads Church | Time: TBA*

Together we will celebrate the past and embrace the future. As our cherished supporter, please plan to join our current team, current Board members and past and present staff and volunteers as we celebrate what God has done in the lives of hurting women and their families. And...as we embrace the future vision God has instilled in our hearts; a vision to make an even greater impact in lives and in our community. "You won't want to miss this gala!" I look forward to seeing you there.

Anne Waddell
Executive Director

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WHAT DID YOU LIKE BEST ABOUT THE CENTRE?

“Friendly warm genuine staff. I feel very comfortable using & recommending the Centre to others.”

“The homey atmosphere and the friendly, caring and understanding staff.”

WHAT COULD WE DO TO MAKE OUR SERVICES MORE HELPFUL?

“Nothing. Every question was answered and I feel helped.”



16 year old Amber, came to the Centre when she found out she was pregnant. She had been at a party and shortly after, found herself pregnant. This was her first pregnancy and despite difficult circumstances, she was determined to have the baby and be a parent.

Amber grew up in a home with a single mother. Her mom gave birth to Amber when she was only 16. And she...like Amber, despite difficult circumstances, chose to parent.

Amber's life has been difficult. She has been in and out of youth shelters. She has struggled with drug abuse while on medication for Bipolar disorder.

Amber came to the Center regularly for the first part of her pregnancy to receive support through: counseling, pre-natal classes and The Keys to Young Parenting program. Unfortunately, Amber slowly separated herself from the Center and her counselor has lost contact. The last word we had from Amber...she lives with a boyfriend and has a healthy baby boy. Amber's story is so typical of the clients we serve: generational single parenting, mental disorders, addictions and homelessness.

On your behalf, it is a privilege to know God entrusted her into our care, to offer His unconditional love, support and education. Thank you for providing the resources Amber so desperately needed.

Like many others do....Amber will know who to turn to in times of need. Please pray for those impacted by an unplanned pregnancy and women who suffer after an abortion. Pray they will contact us and access our loving team and critical services. Above all, please pray they will experience the forgiveness, love, joy and peace that only God can provide. ♦

“Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us...” Ephesian 3:20

BOARDFAREWELL

To serve on the board of the CAPCC is one of great privilege and responsibility. Sadly, we had to say “farewell” in January 2013 to Donovan Fowler who had served on the board for 6 years. His passion, sincerity and vision for the Centre will be greatly missed. We all appreciate his willingness to continue serving the Centre in prayer and in other ways as needed in the future. As with any board, I assume, with one leaving another comes along, and so we welcome with open arms Dick Thiessen to come and serve on the board of directors. So we begin 2013 with 2 men and 4 women serving as your board of directors. I also embrace this opportunity to extend a welcome to hear from you if you are interested in serving as a board director. We are anticipating much growth to enhance our vision and need new faces and experiences to serve in this manner. I anticipate hearing from you. ♦

With sincere humility in His service,
Susan Stoesz, Board Chair



MARK YOUR CALENDAR

•**Baby Bottle Campaign** - Kick-Off on **Mother's Day**. It is a fun, easy and effective way to raise support and awareness for the work of the Central Alberta Pregnancy Care Centre. Last year, thanks to YOU, this campaign raised over \$40,000. If you are not yet involved, consider having you congregation, small group, or school involved.

•**Business Fundraiser** - "After the Global Financial Crisis...Lessons for Businesses and Investors" by **Gordon Gee, Top Canadian Financial Analyst**. **May 22nd, 2013**. Sheraton Hotel in Red Deer. 11:45 am - 1:00pm. \$45/pers or \$315.00 for a table of 8. To reserve your seat or a table of 8, contact the CAPSS office at 403-347-2827.

•**We care We Walk for Life, June 8th, 2013**, MacKenzie Park Shelter and Trails at 11am



• **We Care We Ride for Life, September 14th, 2013**

•**25th Anniversary Gala "Celebrate the Past and Embrace the Future!"**. **November 2nd, 2013** at Crossroads Church. You won't want to miss it!

For more information on the above events call the Centre at 403-343-1611 or visit us at www.pregnancycare.ca. ♦

testimony from our NEWEST BOARD MEMBER

I have lived in Red Deer for nearly 40 years and for most of that time I was in Family Practice here. As such I frequently saw the difficulty that single parents faced. Even when they had family support it was difficult for them but many did not have any support. I have seen the help that the Pregnancy Care Centre has provided for them and strongly believe in the mission and hope that I can help to support the vision by adding my expertise. ♦

-Dick Thiessen

THANKYOU!

We are grateful to the following major sponsors who contributed greatly to the success of our 2012 Fall Fundraising Banquet. A Special Thank you also to all who donated and made it one of the most successful Banquets with an attendance of close to 400 people and funds raised in excess of \$80,000. ♦

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General
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In House Programs

•**Volunteer Training** - Our volunteer training dates for this year are: May 2nd – June 20th, September 5th – October 24th, and October 31st – December 19th. All classes run on Thursday mornings from 9:00am-12:00pm. Please contact the Centre if you are interested in joining one of these classes.

•*We are excited to have extended our evening hours on Wednesdays, from 6-8pm to accommodate male mentorship*



In Memorial

We would like to remember the following people who recently passed away and had donations made to the Centre in their memory:

- Carl Lyle Johnson
- Andrew Fournier
- Bruce Walton

Please contact us if you would like to honor a loved one through a donation to the Central Alberta Pregnancy Care Centre.





Staff

Anne Waddell
-Executive Director
Anneloes van den Akker
-Client Services Director
Michelle Vander Leek
-Executive Assistant
Kathy Schultz
-Keys To Young Parenting
Rebecca Peters
-Keys To Young Parenting
-Client Services Coordinator
Ellen Thomas
-Accounting Technician

Board of Directors

Susan Stoesz
-Board Chair
Bill Hilsabeck
-Vice Chair
Brenda Meers
-Secretary
Kendra Berniko
-Treasurer
Dick Thiessen
-Director
Nancy Anderson
-Director

HOW YOU CAN GET INVOLVED

Centre Wish List

- ◆ DVD player x2
- ◆ 2 flat screen computer monitors with/and speakers
- ◆ Baby wash and diaper cream
- ◆ Diapers sizes 1,2 and 3
- ◆ Extra-large gift bags
- ◆ Carpet cleaning
- ◆ Lighting track for office
- ◆ Journals
- ◆ Mom's gifts (lotion, soap, perfume, socks, hair products, picture frames, etc.)
- ◆ Counselling rooms need:
 - 2 flat screen TV's
 - 2 TV stands
- ◆ People to commit to praying for us (Contact prayer@pregnancycare.ca to request regular prayer request emails)
- ◆ People to commit to regular monthly donations (Contact info@pregnancycare.ca for more information)

Volunteer Opportunities

- ◆ Peer Counselor *
 - ◆ Male Counselor *
 - ◆ 24 hour help line *
 - ◆ Receptionist *
 - ◆ Church Liaison
 - ◆ Cleaning
 - ◆ Building Maintenance
 - ◆ Newsletter and Group Service Projects—Get your youth group or small group together for an evening of ministry!
- *Requires training

Volunteer
NEEDED

We are in need of volunteer janitorial services to be performed in the evening or on weekends, minimum once or twice a week. The cleaning would include: floors/bathrooms/dusting/spot cleaning. Please call Anne at 403-343-1611 if you would be interested in helping us in this way. Criminal Record check will be required.

4610-48 Avenue
Red Deer, AB
T4N 3S9
Phone. 403.343.1611
Fax. 403.343.1738
Email: info@pregnancycare.ca
Website: www.pregnancycare.ca



The Central Alberta Pregnancy Care Centre is a not-for-profit, Christian charity supported by the generous contributions of individuals, churches, community groups and businesses.

Our Mission: To offer support and education in a loving, Christian environment to individuals and families impacted by pregnancy.

We are glad to share news of the Centre's ongoing work with you. If you no longer wish to receive this newsletter, please call Michelle @ 403-343-1611.

As per the Alberta Charitable Fund-raising Act and Regulations Section 4(1)(c) and 4(2); with this newsletter, we hope to raise \$25,000 at an estimated cost of \$3000.

The CAPCC is a registered charitable organization (Charity #11911 2357 RR 0001). Donations are tax deductible, and tax receipts are sent once per year. Spending of funds is confined to programs and projects approved by the Board of Directors. Each restricted contribution designated towards such an approved program or project will be used as designated with the understanding that when the need for such a program or project has been met, or cannot be completed for any reason determined by the organization, the remaining restricted contributions will be used where needed most.