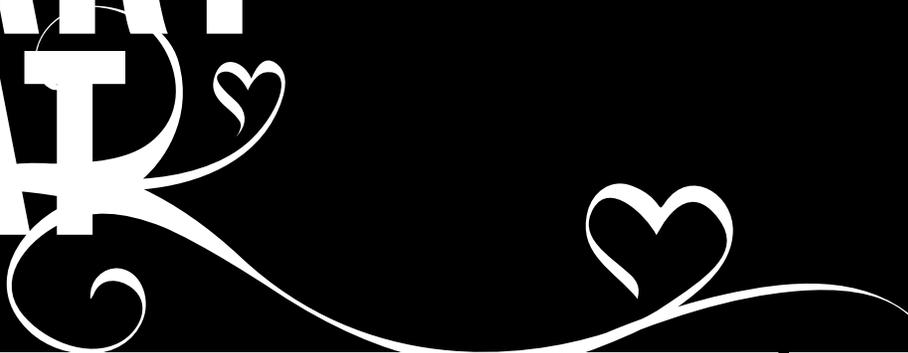


HEART BEAT



God's Grace in Action

by Anne Waddell, Executive Director

"Now finish the work, so that your eager willingness to do it may be matched by our completion of it, according to your means."
2 Corinthians 8:11

This passage from Paul's letter to the Corinthians is resonating with us here at the Centre. We are ready to finish the work that God has called us to! From the time the Central Alberta Pregnancy Care Centre was established, there was a vision for providing housing for single pregnant women. This is part of our mandate to remove barriers for pregnant women to carry to term. Some time ago we began the preliminary groundwork for this project. It was with eager willingness that committees were formed, research was done, and meetings were held. The vision was strong, the need was evident and as the work began, it became clear that the time was now. We are seeing that when the time is right, God has a way of putting the pieces together!

Fast forward to today - it is with full hearts that we share how God is at work and what pieces He is putting together. We continue to move towards finalizing the purchase of a building and property. We are blessed that local churches and businesses have come forward to offer their support and to partner with us. We are continuing to look into all the ways that churches and the community can be involved in this project. We believe that the work will see completion as each of us contributes according to our gifts and means.

God has been faithful in the other areas He has called us to - to offer support and education to all Central Alberta communities. The new Olds Centre is becoming a well-established presence in that community and they continue to see new clients each week. We are excited to be expanding our Keys to Young Parenting program and offering it in that community through the Olds Centre. There is ongoing discussion with other Central Alberta communities as to how we can expand and offer our programs and services in those areas. As well, we are looking at how we can further educate our youth with accurate scientific information on healthy sexuality.

We envision Central Alberta as a community that honors every life through the restoration and transformation of individuals to wholeness. We recognize that it is only with the support that God has provided through staff, volunteers, board members, churches and the community that we are able to do this.

Thank you for your willingness to support the Centre. Thank you for helping to finish the work. You are making a difference and you are impacting lives in Central Alberta. As 2 Corinthians 9:15 says, *"Thanks be to God for His indescribable gift."* What a great God we serve! •



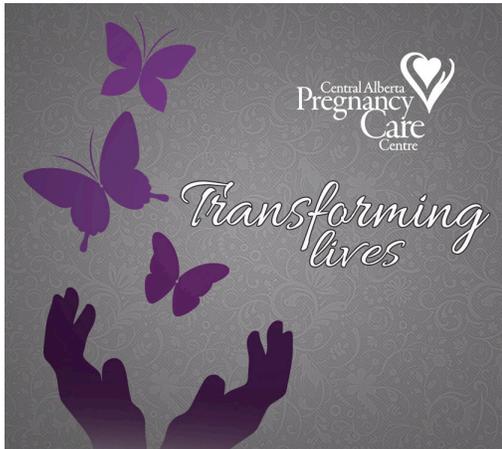
Anne Waddell

in this issue



- Fundraising Banquet • pg. 2
- Events Calendar • pg. 2
- 2014 Stat • pg. 2
- Did You Know? • pg. 2
- Olds Centre News • pg. 3
- Board News • pg. 3
- Client Messages • pg. 3
- Get Involved • pg. 4





Central Alberta Pregnancy Care Centre 2014 Fall Fundraising Banquet

October 23, 2014
Silent Auction: 6:00pm
Main Event: 6:30pm

Black Knight Inn
2929 50 Ave, Red Deer
(Enter Through Main Stage Doors)

- Good food and great company
- Silent Action
- Semi Formal Event
- An opportunity to financially support the CAPCC

RSVP by October 9, 2014
 to Michelle at 403-343-1611
 email info@pregnancycare.ca or visit
www.pregnancycare.ca/events
 to reserve your seat at no cost.

We are in need of table sponsors (\$320 per table) AND table hosts in order to make this event free to attend. Contact the Centre if you would like to help out.

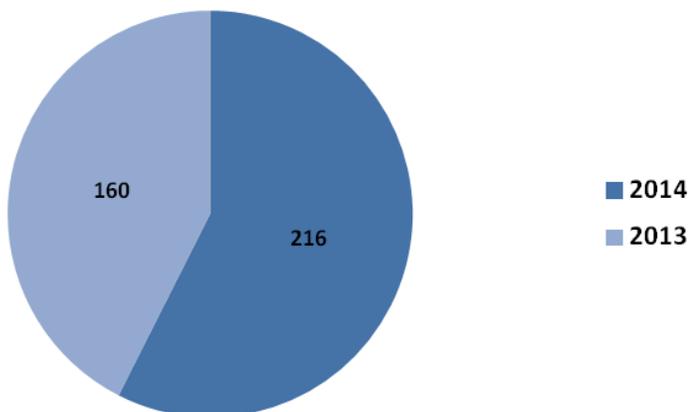
EVENTS CALENDAR

- **2014 Baby Bottle Campaign** - Thank you to everyone who participated in the campaign this year. We are \$2,500 short of reaching our goal of \$50,000. Please return your bottles to the Centre ASAP.
- **Ride for Refuge** – Ride with us on October 4, 2014 in a fun, family-friendly bike-a-thon that supports hundreds of charities across Canada. Visit www.rideforrefuge.org/partner/capcc or contact Rhonda at rlbourn@gmail.com for more information.
- **CAPCC Hockey Tournament** on October 11, 2014 in Didsbury.
- **Annual Fall Fundraising Banquet** on October 23, 2014 at the Black Knight Inn, Red Deer.
- **Olds Spring Fundraising Banquet** on March 4, 2015.



For information on any of the above events visit www.pregnancycare.ca/events/ or contact Michelle at info@pregnancycare.ca or call 403-343-1611 (unless otherwise noted).

Total Client Visits for June & July



It is exciting to see such a strong increase in client numbers this summer compared to last summer and the previous years.

DID YOU KNOW?

The Centre has a help-line available 24 hours a day. In the month of June, the help-line volunteers received 11 phone calls from people seeking assistance outside of regular office hours. •



Rita Fallman
photo by Peter Fleck

The community of Olds and surrounding areas continues to show amazing support and Olds College invited us to take part in student orientation week. What an amazing opportunity to spread the news about the Centre!

Since the opening of the Olds office on March 1, we have seen more than 25 new clients and the number continues to grow. To date, we have 5 volunteers who have fully completed the training and are eager to see clients and impact lives. There will be another volunteer training session in Olds in the fall. Please contact the Centre if you would like more information.

We are also excited to announce that the Keys to Young Parenting Program will now be available in Olds. Keys is a free 10 week program that covers both parenting and life skills. It is a small group where young parents can learn and connect with their peers. We are thrilled to offer this highly recognized program in the Olds community! The program will run from September 25 until November 27. •

Olds Client Quote: *"I want to thank you so much for the support you have given me. I feel like a more confident woman, I'm so thankful to God for allowing us to meet. It really means a lot to have support moving forward as a single mom."* -A.J, age 26

Board News: Stewardship on Your Behalf



Kathy Malsbury

I completely support and have been interested in the involvement of the Pregnancy Care Centre in our community. I have been exposed to the work done by the Centre through their newsletters, by what I have heard at church, and also through my job as a public health nurse. At the present time, I am cutting back on the amount of time I work and am thinking of full retirement within the next year. I feel strongly that I want to become more involved in some volunteer work within Red Deer and after thinking and praying about what direction to take, the Pregnancy Care Centre was one place I felt a pull toward. When Alma Funk spoke with me about some of the needs at the Centre and some ways she saw possible involvement for me, I felt it was the right thing for me to pursue. Further conversations with staff and volunteers have validated that the Centre is indeed a place offering much needed services in an excellent manner, while totally seeking God's direction at all times. It is a place I look forward to offering support in a tangible way by serving on the board. We are still looking for new board members, if serving in this way is of interest to you. • Kathy Malsbury

Client MESSAGES

"I originally took the Sexual Integrity program in an attempt to better understand what my girlfriend was going through. (She had taken the program.) Though the DVD's were meant to be presented to women, I learned so much about compassion, empathy and patience. My friendship with my counselor has been amazing and now we are doing a program called Clean. This has opened a door to a new way of life for me; I have started going to church and to a men's group. Men need to be educated too. My girlfriend and I are back together now and working on our communication; taking things slowly, but I am sure we would not even be together if it were not for my counselor, this program and the PCC."
-Larry, age 47

"My life is different today because now I realize how much help and support is out there for people like me. Before I came in to the Centre I felt very much alone in all of this."
-Veronica, age 18
Keys to Young Parenting Program Client





Staff

Anne Waddell

-Executive Director

Rita Fahlman

-Centre Director, Olds

Linda Herron

-Client Services Director

Michelle Vander Leek

-Executive Assistant

Kathy Schultz

-Keys To Young Parenting

Rebecca Peters

-Keys To Young Parenting/
Client Services Coordinator/
Communications Director

Nancy Anderson

-Accounting

Board of Directors

Susan Stoesz

-Board Chair

Dick Thiessen

-Vice Chair

Greg Wiens

-Treasurer

Alma Funk

-Director

Kathy Malsbury

-Director

HOW YOU CAN GET INVOLVED

Call to Action

- Diapers sizes 2,4 & 5
- Large Rubbermaid containers
- Journals

If you can help meet one of these needs, please contact Michelle at 403.343.1611.

Volunteer Opportunities

- Male Counselor *
- Peer Counselor *
- Nurses for one-on-one prenatal classes*
- 24 hour help-line *
- Church Liaison
- Newsletter and Group Service Projects- Bring your youth group or small group together for an evening of ministry!
- Cleaning
- Building Maintenance

**Requires training*

Volunteer opportunities can be from a one hour occasional commitment to a few hours every week. Please contact our volunteer coordinator, Linda, for more information about volunteering.

Client Outreach

- Volunteer Training – Our next volunteer training dates in Red Deer are September 25 to December 11, 2014; January 8 to March 26, 2015; and April 2 to June 18, 2015. Classes run on Thursday mornings from 9:00am-12:00pm.
- We are open on Wednesday evenings from 6:00pm-8:00pm for male mentorship.

For more information on the above programs call the Centre at 403-343-1611 or email us at info@pregnancycare.ca.

Access our newsletter any time you want!

Thank you for reading our newsletter! We would like to send you our newsletter via email so you can read it at your convenience. If you would like our newsletter to be emailed to you please reply to us at info@pregnancycare.ca or call the Centre at 403-343-1611.

If you would like to be removed from our mailing list please contact Michelle at info@pregnancycare.ca and include your name and address with your request.

www.pregnancycare.ca

4610-48 Avenue

Red Deer, AB

T4N 3S9

Phone. 403.343.1611

Fax. 403.343.1738

Email: info@pregnancycare.ca

Box 4181 4911-51 Ave

Olds, AB T4H 1P7

587.796.1611

Email: olds@pregnancycare.ca

The Central Alberta Pregnancy Care Centre is a not-for-profit, Christian charity supported by the generous contributions of individuals, churches, community groups and businesses. Our **mission** is to offer support and education in a loving, Christian environment to individuals and families impacted by pregnancy.

We are glad to share news of the Centre's ongoing work with you. If you no longer wish to receive this newsletter, please call Michelle @ 403-343-1611 or email info@pregnancycare.ca.

As per the Alberta Charitable Fundraising Act and Regulations Section 4(1)(c) and 4(2); with this newsletter we hope to raise \$25,000 at an estimated cost of \$4000.

The CAPCC is a registered charitable organization (Charity #11911 2357 RR 0001). Donations are tax deductible, and tax receipts are sent once per year. Spending of funds is confined to programs and projects approved by the Board of Directors. Each restricted contribution designated towards such an approved program or project will be used as designated with the understanding that when the need for such a program or project has been met, or cannot be completed for any reason determined by the organization, the remaining restricted contributions will be used where needed most.